

23:30

Central New Jersey Network can be watched on Comcast channels 28 and 30, Verizon channels 43 and 45, as well as on Roku, Amazon Fire TV, and from the Apple TV app store.

АМ	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	АМ
0:00								0:00
0:30	Variety Programming	Variety Programming	Variety Programming	Variety Programming	Variety Programming			0:30
1:00	riogrammig	l'iogrammig	rogrammig	ling	l logianning			1:00
1:30								1:30
2:00 2:30								2:00 2:30
3:00								3:00
3:30								3:30
4:00	Classic Arts Showcase	Classic Arts Showcase	Classic Arts Showcase	Classic Arts Showcase	Classic Arts Showcase	Variety Programming	Variety Programming	4:00
4:30								4:30
5:00								5:00
5:30								5:30
6:00								6:00
6:30								6:30
7:00	Strata	GCTV	Conflict Zone	This Is America	WH Chronicle			7:00
7:30	In Good Shape	Global 3000	Focus On Europe	Tomorrow Today	EuroMaxx			7:30
8:00	Democracy Now	Democracy Now	Democracy Now	Democracy Now	Democracy Now			8:00
8:30	Democracy Now							8:30
9:00	Aging Insights	Inspire	CogniDiet	Money Thoughts	Profonde			9:00
9:30	CMS & You	Wine-ing	Navigate Autism	Public Banking	Aging Insights	CLTV	Our Garden	9:30
10:00	CLTV	I Am Not Cancer	New Beginnings	College Planning	Our Garden	Navigate Autism	La Verdad	10:00
10:30	Riverwatch	Riverwatch	Riverwatch	Riverwatch	Riverwatch	I Am Not Cancer	Guitar Tales	10:30
11:00	Variety	Variety	Variety	Variety	Variety	Dr. Joy		11:00
11:30	Programming	Programming	Programming	Programming	Programming	In Good Shape	The XChange	11:30
РМ	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	РМ
PM 12:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday CMS & You	Sunday Real Talk on Racism	РМ 12:00
	Monday	Tuesday	Wednesday	Thursday	Friday			
12:00 12:30 13:00	Monday	Tuesday	Wednesday	Thursday	Friday	CMS & You	Real Talk on Racism	12:00 12:30 13:00
12:00 12:30 13:00 13:30	Monday	Tuesday	Wednesday	Thursday	Friday	CMS & You	Real Talk on Racism	12:00 12:30 13:00 13:30
12:00 12:30 13:00 13:30 14:00	Monday	Tuesday	Wednesday	Thursday	Friday	CMS & You	Real Talk on Racism	12:00 12:30 13:00 13:30 14:00
12:00 12:30 13:00 13:30 14:00 14:30	Variety	Variety	Variety	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety	12:00 12:30 13:00 13:30 14:00 14:30
12:00 12:30 13:00 13:30 14:00 14:30 15:00						CMS & You New Beginnings	Real Talk on Racism The Quantum Healer	12:00 12:30 13:00 13:30 14:00 14:30 15:00
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30	Variety	Variety	Variety	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30
12:00 12:30 13:00 13:30 14:00 14:30 14:30 15:00 15:30 16:00	Variety	Variety	Variety	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00
12:00 12:30 13:00 13:30 14:00 14:30 14:30 15:00 15:30 16:00 16:30	Variety	Variety	Variety	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00	Variety	Variety	Variety	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety Programming	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00 17:30	Variety	Variety	Variety	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety Programming Backstory	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00 17:30
12:00 12:30 13:00 13:30 14:00 14:30 14:30 15:00 15:30 16:00 16:30 17:30 17:30 18:00	Variety	Variety	Variety Programming	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:30 18:00
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:30 18:00 18:30	Variety	Variety	Variety Programming The Quantum Healer	Variety	Variety	CMS & You New Beginnings Variety	Real Talk on Racism The Quantum Healer Variety Programming Backstory	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00 17:30 18:00 18:30
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:00 17:30 18:00 18:30 19:00	Variety	Variety Programming	Variety Programming	Variety	Variety	CMS & You New Beginnings Variety Programming	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 15:30 16:00 16:30 17:00 17:30 18:00 18:30 19:00
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:30 18:00 18:30	Variety	Variety Programming	Variety Programming The Quantum Healer Money Thoughts	Variety	Variety	CMS & You New Beginnings Variety Programming	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00 17:30 18:00 18:30
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:30 17:30 17:30 18:00 18:30 19:00 19:30	Variety Programming	Variety Programming Cafe Improv	Variety Programming The Quantum Healer Money Thoughts The XChange	Variety Programming	Variety Programming	CMS & You New Beginnings Variety Programming	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:30 17:30 18:00 18:30 19:00 19:30
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:30 18:00 18:30 19:00 19:30 20:00	Variety Programming Paltrocast The NY Experience	Variety Programming Cafe Improv Early Evening Show	Variety Programming The Quantum Healer Money Thoughts The XChange Paltrocast	Variety Programming Nonprofit Spotlight	Variety Programming Early Evening Show	CMS & You New Beginnings Variety Programming	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing Nonprofit Spotlight	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:00 17:30 18:00 18:30 19:00 19:30 20:00
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:00 17:30 18:00 18:30 18:30 19:00 19:30 20:00 20:30	Variety Programming Paltrocast	Variety Programming Cafe Improv Early Evening Show Central NJ Buy Local	Variety Programming The Quantum Healer Money Thoughts The XChange Paltrocast Backstory	Variety Programming Nonprofit Spotlight Central NJ Buy Local	Variety Programming Early Evening Show The NY Experience	CMS & You New Beginnings Variety Programming	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 15:30 16:30 16:30 17:00 17:30 18:00 18:30 19:00 19:30 20:00 20:30
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:00 17:30 18:00 18:30 19:00 19:30 20:00 20:30 21:00	Variety Programming Paltrocast The NY Experience	Variety Programming Cafe Improv Early Evening Show Central NJ Buy Local Mercer Influencers	Variety Programming The Quantum Healer Money Thoughts The XChange Paltrocast Backstory This Is America	Variety Programming Nonprofit Spotlight Central NJ Buy Local Mercer Influencers	Variety Programming Early Evening Show The NY Experience Paltrocast	CMS & You New Beginnings Variety Programming Cafe Improv	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing Nonprofit Spotlight	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 15:30 16:00 16:30 16:30 17:00 17:30 17:30 18:30 19:00 19:30 20:30 20:30 21:00
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:30 18:00 17:30 18:00 19:30 20:00 20:30 21:00 21:30	Variety Programming Paltrocast The NY Experience Dream Big Show	Variety Programming Cafe Improv Early Evening Show Central NJ Buy Local Mercer Influencers Tom & Doug Show	Variety Programming The Quantum Healer Money Thoughts The XChange Paltrocast Backstory This Is America Tomorrow Today	Variety Programming Nonprofit Spotlight Central NJ Buy Local Mercer Influencers Profonde	Variety Programming Early Evening Show The NY Experience Paltrocast Tom & Doug Show	CMS & You New Beginnings Variety Programming Cafe Improv	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing Nonprofit Spotlight	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:00 17:30 18:00 17:30 18:30 19:00 19:30 20:00 20:30 21:00 21:30
12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 16:30 17:30 16:30 17:30 18:00 18:30 19:00 19:30 20:00 20:30 21:00 21:30	Variety Programming Paltrocast The NY Experience	Variety Programming Cafe Improv Early Evening Show Central NJ Buy Local Mercer Influencers	Variety Programming The Quantum Healer Money Thoughts The XChange Paltrocast Backstory This Is America	Variety Programming Nonprofit Spotlight Central NJ Buy Local Mercer Influencers	Variety Programming Early Evening Show The NY Experience Paltrocast	CMS & You New Beginnings Variety Programming Cafe Improv	Real Talk on Racism The Quantum Healer Variety Programming Backstory Wine-ing Nonprofit Spotlight	12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 15:30 16:30 16:30 17:00 17:30 18:00 17:30 18:00 19:00 19:30 20:00 20:30 21:30 22:00

23:00 23:30